

Psychological Sunrise Center, PLLC
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CHILD INTAKE FORM

Child's name: _____ Today's Date: _____

Birth date: _____ Age: _____ Gender: _____ Grade: _____

School: _____

Parents' Names: _____

Person filling out this form (circle one): Mother Father Stepmother Stepfather

Other (please explain): _____

PRESENTING PROBLEM

Briefly describe your child's current difficulties and why you are seeking help at this time:

How long has this problem been of concern to you? _____

When was the problem first noticed by you? _____

What seems to help the problem? _____

What seems to make the problem worse? _____

Has the child received psychological or psychiatric evaluation or treatment for the current problem or similar problems?

Yes___ No___ If yes, when and with whom? _____

Has the child ever been in counseling or family therapy with a mental health professional? _____

If so, what was helpful? Not helpful? _____

Is the child on any medication at this time? Yes____ No____

If yes, please note kind of medication: _____

SOCIAL AND BEHAVIOR CHECKLIST

Place a check next to any behavior or problem that your child currently exhibits.

- | | |
|--|---|
| <input type="checkbox"/> Prefers to be alone | <input type="checkbox"/> Has frequent tantrums |
| <input type="checkbox"/> Does not get along well with brothers and sisters | <input type="checkbox"/> Has frequent nightmares |
| <input type="checkbox"/> Overly negative or pessimistic behavior | <input type="checkbox"/> Has trouble sleeping |
| <input type="checkbox"/> Is shy or timid | (Describe)_____ |
| <input type="checkbox"/> Is more interested in things (objects) than in people | <input type="checkbox"/> Sleepwalking |
| <input type="checkbox"/> Engages in behavior that could be dangerous to self or others (describe)_____ | <input type="checkbox"/> Rocks back and forth |
| _____ | <input type="checkbox"/> Bangs head or other self-injurious behaviors |
| <input type="checkbox"/> Has special fears, habits, or mannerisms (describe)_____ | <input type="checkbox"/> Motor/Vocal tics |
| _____ | <input type="checkbox"/> Overreacts to touch |
| <input type="checkbox"/> Wets bed | <input type="checkbox"/> Eats poorly |
| <input type="checkbox"/> Bites nails | <input type="checkbox"/> Is stubborn |
| <input type="checkbox"/> Sucks thumb | <input type="checkbox"/> Gives up easily |
| <input type="checkbox"/> Has excessive reaction to noise or fails to react to loud noises | <input type="checkbox"/> Is impulsive |
| <input type="checkbox"/> Has blank spells | <input type="checkbox"/> Lying |
| <input type="checkbox"/> Has poor bowel control (soils self) | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Thoughts of hurting or killing self | <input type="checkbox"/> Often angry or resentful |
| | <input type="checkbox"/> Often argues with adults |
| | <input type="checkbox"/> Overly emotional (cries easily) |

Does your child have friends (describe those relationships)? _____

Describe briefly any problems your child may have with peers:

CHILD’S MEDICAL HISTORY

Has your child ever experienced any serious illnesses and/or been hospitalized? _____

If yes, please describe: _____

Have there been any stressors, that I should know of (illness, deaths, operations, accidents, separations, divorce of parents, parent changed job, changed schools, family moved, family financial problems, remarriage, sexual trauma, other losses, other stressor information)? _____

FAMILY MEDICAL HISTORY

Place a check next to any illness or condition that any member of the immediate family (i.e. brothers, sisters, aunts, uncles, cousins, grandparents) has had. When you check an item, please note the member’s relationship to the child.

| Check | Condition | Relationship to child |
|-------|---|-----------------------|
| _____ | Cancer | _____ |
| _____ | Diabetes | _____ |
| _____ | Heart trouble | _____ |
| _____ | Neurological condition(s) | _____ |
| _____ | Problems with aggressiveness, defiance & oppositional behavior as a child | _____ |
| _____ | Problems with attention, activity & impulse control as a child | _____ |
| _____ | Learning disabilities | _____ |
| _____ | Mental retardation | _____ |
| _____ | Psychosis or schizophrenia | _____ |
| _____ | Depression or Bipolar (indicate which) | _____ |
| _____ | Anxiety | _____ |
| _____ | Tics or Tourette’s | _____ |

- _____ Alcohol abuse _____
- _____ Drug abuse _____
- _____ Suicide attempt _____
- _____ Antisocial behavior (assaults, thefts, etc.) _____
- _____ Physical abuse _____
- _____ Sexual abuse _____
- _____ Mental abuse _____

PSYCHOLOGICAL HISTORY

Has your child ever had any of the following forms of psychological treatment? If so, how long did it last? What was helpful? Not helpful? _____

- _____ Individual/Group psychotherapy Duration of therapy _____
- _____ Speech or Occupational Therapy Duration of therapy _____
- _____ Family therapy with child Duration of therapy _____
- _____ Inpatient evaluation/Rx Duration of inpatient _____
- _____ Residential treatment Duration of placement _____

FAMILY DATA

Mother's name: _____ Age: _____ Highest Grade Completed: _____

Occupation: _____ Phone: Home _____ Business _____

Father's name: _____ Age: _____ Highest Grade Completed: _____

Occupation: _____ Phone: Home _____ Business _____

Stepparent's name: _____ Age: _____ Highest Grade Completed: _____

Occupation: _____ Phone: Home _____ Business _____

Stepparent's name: _____ Age: _____ Highest Grade Completed: _____

Occupation: _____ Phone: Home _____ Business _____

Marital Status of parents: _____

If parents are separated or divorced, how old was the child when the separation occurred? _____

Was the separation/divorce contentious? Amicable? What is the present interaction? _____

Please list all people living in household:

| Name | Relationship to Child | Age |
|-------|-----------------------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

If any brothers or sisters are living outside the home, list their names and ages: _____

Primary language spoken in the home: _____

Other languages spoken in the home: _____

What disciplinary techniques do you usually use when your child behaves inappropriately? Place a check next to each technique that you usually use. There also is space for writing in any other disciplinary techniques that you use.

- | | |
|---------------------------------------|----------------------------------|
| _____ Ignore problem behavior | _____ Tell child to sit on chair |
| _____ Scold child | _____ Send child to his/her room |
| _____ Take away some activity or food | _____ Spank child |
| _____ Threaten child | _____ Other technique (describe) |
| _____ Reason with child | _____ |
| _____ Redirect child's interest | _____ |
| _____ Don't use any technique | _____ |

Which disciplinary techniques are usually effective? _____

What disciplinary techniques are usually ineffective? _____

Who typically disciplines your child? _____

To what extent are you and your spouse or co-parent consistent with respect to disciplinary strategies? _____

Briefly describe mother's relationship with child: _____

Briefly describe father's relationship with child: _____

What are your child's strengths? _____

What are your child's favorite activities?

1. _____ 2. _____ 3. _____

What are your child's least favorite activities?

1. _____ 2. _____ 3. _____

Is there any other information that you think may be helpful for me to know? _____

Thank you for filling out this detailed intake form. This will help me get to know and help your child.